

LEARNING STYLE

When you...	Visual	Auditory	Kinesthetic & Tactile
Spell	Do you try to see the word?	Do you sound out the word or use a phonetic approach?	Do you write the word down to find if it feels right?
Talk	Do you sparingly but dislike listening for too long? Do you favor words such as <i>see, picture, and imagine</i> ?	Do you enjoy listening but are impatient to talk? Do you use words such as <i>hear, tune, and think</i> ?	Do you gesture and use expressive movements? Do you use words such as <i>feel, touch, and hold</i> ?
Concentrate	Do you become distracted by untidiness or movement?	Do you become distracted by sounds or noises?	Do you become distracted by activity around you?
Meet someone again	Do you forget names but remember faces or remember where you met?	Do you forget faces but remember names or remember what you talked about?	Do you remember best what you did together?
Contact people on business	Do you prefer direct, face-to-face, personal meetings?	Do you prefer the telephone?	Do you talk with them while walking or participating in an activity?
Read	Do you like descriptive scenes or pause to imagine the actions?	Do you enjoy dialog and conversation or hear the characters talk?	Do you prefer action stories or are not a keen reader?
Do something new at work	Do you like to see demonstrations, diagrams, slides, or posters?	Do you prefer verbal instructions or talking about it with someone else?	Do you prefer to jump right in and try it?
Put something together	Do you look at the directions and the picture?	Do you hear any noise that thing make?	Do you ignore the directions and figure it out as you go along?
Need help with a computer application	Do you seek out pictures or diagrams?	Do you call the help desk, ask a neighbor, or growl at the computer?	Do you keep trying to do it or try it on another computer?

Auditory Learning "I hear": Auditory learners learn best through hearing, using their ears and their voices as the primary way to learn. Auditory learner's traits are:

- Remember what they hear and their own verbal expressions
- Remember by talking aloud and through verbal repetition
- Desire to talk through a concept not understood
- Verbally express excitement about learning
- Can remember verbal instructions without recording them
- Enjoy class discussions and talking with others
- Are easily detracted by sound but also find silence distracting
- Enjoy interesting lessons
- Find it difficult to work quietly for extended periods of time
- Enjoy music activities

Visual Learning "I see": Visual learners learn best through seeing, using their eyes as the primary way to learn. Visual learner's traits are:

- Desires to see words written down



- Enjoy a picture of something being described
- Prefer a time line to remember historical event
- Prefer written instructions for assignments
- Observe all the physical elements in a classroom
- Carefully organize their learning materials
- Enjoy decorating learning areas
- Desire photography and illustrations with printed content
- Remember and understand through the use of diagrams, charts and maps
- Appreciate presentations using overhead cells or handouts
- Study materials by reading over notes and organizing it in outline form
- Enjoy visual art activities.

Kinesthetic Learning "I do": Kinesthetic learners learn best through touch, using their hands as the primary way to learn. Kinesthetic learner's traits are:

- Become physically involved in the subject being studied
- Enjoy acting out a situation involved in the subject being studied
- Enjoy making a product or completing a project
- Prefer building and physically handling learning materials
- Remember and understand through doing something
- Take study notes to keep busy but often do not need them
- Enjoy using computers
- Physically express enthusiasm by getting active and excited
- Find it difficult to sit still for extended periods of time
- Enjoy hands-on art activities

